

## SPA FOR MEN

### *Stressed*

Aching Leg and Foot Relaxer with Hot Stones	60 Minutes	£79
Total Holistic Signature Experience	90 Minutes	£120

### *Active*

Deep Tissue Massage	25, 40, 60	£45/£58/
– Deep Pressure*	or 90 minutes	£85/£125
Intense Muscle Release	60 or 90 minutes	£85/£120

### *Over-worked*

St Andrews Signature Massage	60 or 90 Minutes	£90/£125
Scottish Stone Massage	60 or 90 minutes	£85/£120

### *Restless*

The Ultimate Aromatherapy Experience	90 minutes	£120
Deep Sleep Massage	60 minutes	£85

### *Aching*

Sam's Signature Experience – Ultimate Golfers Treatment	90 minutes	£120
Intense Muscle Release	60 or 90 minutes	£85/£120

### *Frazzled*

Essential Holistic Signature Experience	85 Minutes	£120
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### *Bloated/sluggish*

Detox and Revive	60 Minutes	£85
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### *Neglected*

Power-up not Patch-up – Men Only	3 hours	£189
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## Fairmont St Andrews, Scotland

St Andrews, Fife  
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碳减排先锋  
Defensores do Clima  
クライメート・セイバーズ  
Climate Savers

Fairmont Hotels & Resorts has been a  
WWF Climate Savers partner since 2009  
and has committed to reducing its emissions  
by 20% below 2006 levels by 2013.

*Fairmont*

ST ANDREWS, SCOTLAND

the spa | EXPERIENCE

PRICE LIST

## Price List

Moments in Time	<i>2 hours</i>	£165
	<i>3 hours</i>	£235
	<i>4 hours</i>	£310

Scottish Royalty	<i>3 hours 30 minutes</i>	£230
Beside the Sea	<i>2 hours 15 minutes</i>	£165
Body Preservation	<i>3 hours</i>	£220
World of Relaxation	<i>55 minutes</i>	£95
World of Wellbeing	<i>55 minutes</i>	£95
Journey of New Beginnings	<i>2 hours 30 minutes</i>	£175
Power-up not Patch-up		
– Men Only	<i>3 hours</i>	£189
Teen Sensation	<i>2 hours 10 minutes</i>	£145

### BODY EXPERIENCES

Bespoke Body Polish	<i>60 Minutes</i>	£79
Nourishing Rose Hydrator	<i>60 Minutes</i>	£85
Detox and Revive	<i>60 Minutes</i>	£85
St Andrews Intense Nourishment	<i>60 Minutes</i>	£85
Firm and Tone Body Reviver	<i>60 minutes</i>	£95
Ultimate Firm and Tone Body Reviver	<i>90 minutes</i>	£125
Crest of the Cliff	<i>120 minutes</i>	£140

### MASSAGE EXPERIENCES

St Andrews Signature Massage	<i>60 or 90 Minutes</i>	£90/£125
Total Holistic Signature Experience	<i>90 Minutes</i>	£120
The Ultimate Aromatherapy Experience	<i>90 minutes</i>	£120
Intense Muscle Release	<i>60 or 90 minutes</i>	£85/£120
Ultimate Rose Pregnancy Massage	<i>60 minutes</i>	£85
Scottish Stone Massage	<i>60 or 90 minutes</i>	£85/£120
Deep Sleep Massage	<i>60 minutes</i>	£85
Highland Fling Massage	<i>60 or 90 minutes</i>	£85/£120
Sam's Signature Experience		
– Ultimate Golfers Treatment	<i>90 minutes</i>	£120
St Andrews Golfers Treatment	<i>60 minutes</i>	£85
Reflexology	<i>60 minutes</i>	£79

Aching Leg and Foot Relaxer with Hot Stones	<i>60 Minutes</i>	£79
Relaxation Massage – Light Pressure*	<i>25, 40, 60 or 90 minutes</i>	£45/£58/ £79/£120
Stress Relief Massage – Medium Pressure	<i>25, 40, 60 or 90 minutes</i>	£45/£58/ £85/£125
Deep Tissue Massage – Deep Pressure*	<i>25, 40, 60 or 90 minutes</i>	£45/£58/ £85/£125

### FACIAL EXPERIENCES

Essential Holistic Signature Experience	<i>85 Minutes</i>	£120
Rose Infinity Facial	<i>60 minutes</i>	£85
Age Repair Facial	<i>60 and 90 minutes</i>	£95/£125
Essential Prescription Facial	<i>60 minutes</i>	£85
Energy Deep Cleanse Facial	<i>60 and 90 minutes</i>	£85/£120
Gentlemen's Essential Facial	<i>60 minutes</i>	£85

### SPA SOUVENIRS

#### HANDS AND FEET

St Andrews Signature Manicure	<i>60 Minutes</i>	£55
Classic Manicure	<i>40 Minutes</i>	£40
Time Express Manicure	<i>25 Minutes</i>	£30
Party Polish	<i>10 Minutes</i>	£15
St Andrews Signature Pedicure	<i>60 Minutes</i>	£55
Classic Pedicure	<i>40 Minutes</i>	£40
Express Pedicure	<i>25 Minutes</i>	£30

#### Cuccio Gel Veneer

Cuccio Veneer Application	<i>15 minutes</i>	£7
Gel Veneer Removal	<i>25 minutes</i>	£14

#### FACE AND BODY

Luxury Tanning – Full Body	<i>25 Minutes</i>	£30
Luxury Tanning – Half Body	<i>15 Minutes</i>	£15
Mineral Make-Up Application*	<i>30 minutes</i>	£45
Bridal Make-Up Application*	<i>60 and 30 minutes</i>	£120

Rates are subject to change. Occasionally not all services will be available. Please call 01334 837045 for Spa Reservations