

The Woodlands

DINNER MENU

Starters

SOUP OF THE EVENING <i>(gfa) (v)</i>	£6.75
QUINOA HOUMOUS <i>with pimento stuffed olives & sour dough pitta (vg)</i>	£7.50
DUET OF SMOKED SALMON & SALMON MOUSSE <i>with cucumber chutney & melba toast (gfa)</i>	£8.25
CHICKEN LIVER PATE <i>served with red onion chutney & oatcakes (gfa)</i>	£7.50
BREADED HALLOUMI <i>served with garlic dip (v)</i>	£7.50
PANKO BREADED KING PRAWNS <i>served with a sweet chilli dip</i>	£8.25

Pizzas

all 11" pizza with a 4 cheese topping of Mozzarella, Asiago, Gorgonzola & Pecorino

4 CHEESE <i>(v)</i>	£10.25
HAM, MUSHROOM & ONION	£10.95
SPICY BEEF, PEPPERONI WITH RED & GREEN PEPPERS	£10.95
CHICKEN, SWEETCORN & BBQ SAUCE	£10.95
CHARGRILLED BALSAMIC VEGETABLES	£10.95

Main Courses

BATTERED/BREADED HADDOCK <i>with chips & peas</i>	£14.25
BREADED SCAMPI <i>with chips & peas</i>	£13.25
STEAK CASSEROLE & FLAKY PASTRY <i>served with peas and your choice of chips, mash or new potatoes (gfa)</i>	£14.25
MACARONI CHEESE <i>with chips or garlic bread (v)</i>	£10.75
VEGETABLE ROGAN JOSH <i>served with rice and sour dough pitta (vg) (gfa)</i>	£12.00
CHICKEN BALTI <i>served with rice and naan</i>	£12.75
ROASTED VEGETABLE PENNE PASTA <i>with a tomato and rosemary sauce (vg)</i>	£11.00
CHICKEN, CHORIZO & MUSHROOM PENNE PASTA <i>with garlic and herb cream sauce</i>	£12.75
FILLET OF SEABASS <i>served with balsamic roasted vegetables & dauphinoise potato (gf)</i>	£13.25
SLOW COOKED BEEF FEATHERBLADE <i>served with broccoli, mashed potato & peppercorn sauce (gf)</i>	£15.25
FILLET OF SALMON <i>served with new potatoes, green beans & a white wine & chive cream sauce (gf)</i>	£16.25
CHICKEN ESCALOPE <i>with haggis, bacon, broccoli, potato gratin & onion gravy (gfa)</i>	£15.25
SIRLOIN STEAK <i>served with flat mushrooms, beer battered onion rings & chips</i>	£24.00

STEAK SAUCES £2.75 <i>peppercorn, garlic butter or onion gravy</i>
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Burgers

All served with chips and salad

STICKY BBQ BEEF AND MOZZARELLA £12.50
(gfa)

BREADED SOUTHERN FRIED CHICKEN, BACON, SWEET CHILLI AND MOZZARELLA £12.50

THAI INFUSED CRISPY VEGETABLE BURGER, VEGAN CHEDDAR & SWEET CHILLI £12.50
(vg)

Salads

FLAKED POACHED SALMON £12.50
with tomato, pepper & lime chutney (gf)

CAJUN MUSHROOM & VEGAN CHEDDAR £11.50
with caramelised red onion chutney (gf) (vg)

BREADED SOUTH FRIED CHICKEN & BACON CAESAR STYLE SALAD £12.25
(gfa)

Sides

CHIPS/CAJUN CHIPS £4.00

GARLIC BREAD £4.00

GARLIC BREAD & MOZZARELLA £4.50

PUMPKIN MAC 'N' CHEESE BITES £5.00

BEER BATTERED ONION RINGS £4.50

BALSAMIC GARDEN SALAD £5.00
(vg) (gf)

Selection of teas and coffees available from £2.65
Redwood card holders receive 10% discount on all items

Please let our staff know if you have a food allergy or intolerance to certain foods.

Chips are gluten free however may contain traces of gluten due to cross contamination during the cooking process and may not be suitable for those with a high sensitivity to gluten.