## LUNCH AT THE FLITCH



## 12 NOON - SPM DAILY

Flitch homemade Pork Scratchings, served warm with bramley apple puree £4.95

Chef's hearty soup with a doorstep of crusty bread  $\bf £4.50$ 

Traditional bake beef lasagne with a salad garnish and garlic croutons  $\pmb{\pounds 8.50}$ 

Sweet potato and red bean chilli, with fragrant rice, tortilla chips and sourcream £7.95

The Flitch Beefburger, 8oz Pure Beef, with lettuce, tomato and topped with swiss cheese, served in a sesame seed bun with sweet potato fries or skin on chips £10.25

Spiced Chicken Wings, served with blue cheese dipping sauce and crunchy celery sticks  $\pmb{\it EB.25}$ 

Toasted Paninis; served with a salad garnish Mozzarella, pesto and sun dried tomato Grilled Chicken, mozzarella and pesto; Baked ham and swiss cheese

## £5.25

The Wychnor Wooden; served with pickled veg and sweet potato fries Full rack of smoked bbq pork ribs £12.95
Half rack of smoked bbq pork ribs £6.50

Superfood salad; curly Kale, quinoa with avocado, pomegranwate, coriander, broccoli £7.75
Add Halloumi, Salmon or Chicken breast for £2.50

## **SOMETHING SWEET**

Trio of mini desserts £4.95 Cheeseplate, crackers, grapes and chutney £5.25 Ice cream selection £3.75

Prices are inclusive of VAT at 20%. Many of our dishes are cooked to order so please be understanding during busy periods. All care is taken to remove any fish bones by our chefs, however please be aware when enjoying your meal. Our kitchen handles many different ingredients so we cannot guarantee gluten or nut free. For allergens and intolerance advice please ask a member of The Flitch team.

